



Therapy Pool Master Schedule Fall 2022

Effective: September 6st, 2022

Time	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	8am - 8:30pm	5am - 10:30pm	5am - 10:30pm	5am - 10:30pm	5am - 10:30pm	5am - 10:30pm	8am - 8:30pm
5:00	CLOSED						CLOSED
5:30							
6:00							
6:30							
7:00							
7:30							
8:00			**Arthritis 8:00-8:45am				
8:30							
9:00							
9:30							
10:00			Physical Therapy 7am-2pm	Swim Lessons 9:30am-12pm	Physical Therapy 7am-2pm		
10:30	**Arthritis 10:30-11:15	Family Swim 10am-12pm		**Aqua Yoga 11:00-11:45			Swim Lessons 9am-1pm
11:00							
11:30							
12:00	Swim Lessons 11:20-1pm						
12:30							
1:00							
1:30							
2:00							
2:30							
3:00	Family Swim 1pm-6pm		Family Swim 2pm-4pm		Family Swim 2pm-4pm	Physical Therapy 12pm-6pm	Family Swim 1pm-6pm
3:30		Physical Therapy 12pm-8pm		Physical Therapy 12pm-8pm			
4:00			Swim Lessons 4pm-7:30pm		Swim Lessons 4pm-7:30pm		
4:30							
5:00							
5:30							
6:00			**Arthritis 6:00-6:45pm		**Arthritis 6:00-6:45pm		
6:30							
7:00							
7:30						Family Swim 6:30-9pm	
8:00			Family Swim 7:30-9pm		Family Swim 7:30-9pm		
8:30							
9:00							
9:30							
9:30	CLOSED						CLOSED
9:00							
10:30							

- Because the Aquatic Center is tightly programmed on Saturday mornings opening time is 12pm.
- Space may be limited during busy hours. Programs will have priority to pool space, refer to schedule above.
- Additional special programming may occur in the Aquatic Center – See Special Programming Calendar for details.
- We invite families and children to swim and play only during Family Swim Hours as scheduled.
- No child under the age of 16 (including infants) are permitted in the adult locker rooms at any time.
- Adults may use the Therapy Pool in conjunction with Chesapeake Physical and Aquatic Therapy , provided the quality of the scheduled therapy session, as determined by the therapist, would not be diminished by the presence of non-participants.
- ** Only class participants may be in the Therapy Pool during these scheduled classes.

