

SPORT FIT BOWIE

A Health Club Like No Other

100 Whitemarsh Park Drive, Bowie, MD 20715 (301) 262-4553

TENNIS PROGRAMS

REGISTRATION BEGINS ON TUESDAY, FEBRUARY 7th

WINTER SESSION 2: February 20th through April 2nd - 6 WEEKS ONLY

****Please note that we are changing to a new booking system. After downloading our App, adults can register online or at the front desk. Junior clinics cannot be booked on line at this time & registration must be done through the front desk.****

THIS SESSION IS 6 WEEKS ONLY DUE TO SPRING BREAK/EASTER. WE WILL HAVE SPECIAL CLINICS RUN THE WEEK OF APRIL 3RD THROUGH 7TH.

ADULT CLINICS: Please attend a clinic that matches your playing level. Pros will be happy to advise you!

***ADULT CLINICS:** Due to high interest, for the clinics with an asterisk (*), you must book your class in advance.*

JUNIOR CLINICS: Must have 3 participants for classes to run. The Beginner 1 classes are for players who have not played before or who have NOT attended two, Beginner 1 sessions. A beginner who has not attended any clinics MUST attend the first 2 weeks of the clinic session. They cannot start late. Beginner 2 classes are for players who are low intermediates and have attended a minimum of two, Beginner 1 sessions.

CRUSHER TENNIS JRS: For higher performance players who exhibit stronger skills for their age.

DROP INS: All clinics are drop in, but juniors must call in advance because if a class is full, a player will not be accepted as a drop in.

Any clinic (adult or junior) where only 1 person attends, will have the clinic shortened by a half hour.

Due to high school practice starting, the Monday and Wednesday 430p Crusher Class will only be drop in and last just 2 weeks.

DAY/TIME	PROGRAM	# STUDENTS	COURTS	PRO	MEMBER/NONMEMBER PRICE \$\$ (SESSION or DROP IN)	START DATE	END DATE
MONDAY							
1030a-12p	Adult Doubles Drill/Play 3.5+	8	1	George	49/56	2/20/23	3/27/23
430-630p	Crusher Tennis Jrs. Tournament/Varsity 13+ years	18	1,2,3	Robert	62/72	2/20/23	2/27/23
430-530p	U6 (5-6 years) Beginner 1/Beginner 2	12	4,5	Bronwyn	162/198 or 32/38	2/20/23	3/27/23
530-630p	U8 (7-8 years) Beginner 1/Beginner 2	12	4,5,6	Bronwyn	162/198 or 32/38	2/20/23	3/27/23
530-630p	U12 (9-12 years) Beginner 1/Beginner 2	12	4,5,6	Bronwyn	162/198 or 32/38	2/20/23	3/27/23
*630-8p	***Adult Total Workout 4.0+***	12	1,2,3	Robert	49/56	2/20/23	3/27/23
TUESDAY							
1230-2p	Adult Total Workout 3.5+	8	1	Eddie	49/56	2/21/23	3/28/23
430-630p	Crusher Tennis Jrs. Intermediate (JV Middle & JV HS)	18	1,2,3	Robert	330/388 or 62/72	2/21/23	3/28/23
630-730p	Teen (13-18 years) Beginner 1/Beginner 2	10	1,2	Robert	162/198 or 32/38	2/21/23	3/28/23
WEDNESDAY							
11a-12p	Adult Advanced Beg/Lo Interm 2.0/2.5	8	1	Bronwyn	32/38	2/22/23	3/29/23
12-130p	Adult Intermediate Clinic 3.0/3.5	12	1,2	Bronwyn	49/56	2/22/23	3/29/23
430-630p	Crusher Tennis Jrs. Tournament/Varsity 13+ years	24	1,2,3,6	Robert	62/72	2/22/23	3/1/23
530-630p	Teen (13-18 years) Beginner 1	8	4	George	162/198 or 32/38	2/22/23	3/29/23
630-730p	Crusher Tennis Jrs. Advanced 8-12 years	10	1,2	Robert	162/198 or 32/38	2/22/23	3/29/23
THURSDAY							
430-630p	Crusher Tennis Jrs. Intermediate (JV Middle & JV HS)	24	1,2,3,6	Robert	330/388 or 62/72	2/23/23	3/30/23
FRIDAY							
12-130p	Adult Low Intermediate Clinic 3.0	12	1,2	Eddie	49/56	2/24/23	3/31/23
SATURDAY							
*10-1130a	***Adult Advance Doubles Drills 3.5+***	18	1,2,3	Robert	49/56	2/25/23	4/1/23
1030-1130a	Free Adult Intro to Tennis (Max 2 Free Classes)	8	4	Bronwyn	2 Classes Free, 32/38	2/25/23	4/1/23
1130a-12p	Mommy/Daddy and Me 3-5 years	8	4	Bronwyn	84/102 or 16/19	2/25/23	4/1/23
12-1p	U6 (5-6 years) Beginner 1/Beginner 2	8 and 8	4	Bronwyn	162/198 or 32/38	2/25/23	4/1/23
1-2p	U8 (7-8 years) Beginner 1/Beginner 2	8 and 8	4,5	Bronwyn	162/198 or 32/38	2/25/23	4/1/23
2-3p	U12 (9-12 years) Beginner 1/Beginner 2	18	4,5	Bronwyn	162/198 or 32/38	2/25/23	4/1/23
SUNDAY							
1030-11a	Mommy/Daddy and Me 3-5 years	6	1	Joey	84/102 or 16/19	2/26/23	4/2/23
11a-12p	U6 (5-6 years) Beginner 1	6	1	Joey	162/198 or 32/38	2/26/23	4/2/23
12-130p	Adult Intermediate Clinic 3.0/3.5	8	1,2	George	49/56	2/26/23	4/2/23

Players must make up any missed classes during the session they are enrolled in. Any exception must be made through the Tennis Director.

***ADULT CLINICS:** Due to high interest, for the clinics with an asterisk (*), you must reserve a spot in advance.*

You can find our refund policy on line at SportFitClubs.com.

Sport Fit reserves the right to change the schedule and/or cancel classes based on attendance.

Questions? Contact Bronwyn Williams at tennisdirector@sportfitclubs.com

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