



**Sport Fit Bowie - Swim Lessons**  
**301-262-4553 / 410-741-1355**  
**Register in-person or over the phone.**  
**July 30th, 2023 - August 26th, 2023**



Registration fees are based on the membership status of the participant.  
 Swim Lessons (30 minutes): Member \$80 / Non-Member \$139  
 Stroke Development (45 minutes): Member \$108 / Non-Member \$168

### Summer Schedule

CLASSES	Sunday	Thursday	Friday	Saturday
	4 Weeks July 30th, August 6, 13, 20th	4 Weeks August 3, 10, 17, 24th	4 Weeks August 4, 11, 18, 25th	4 Weeks August 5, 12, 19, 26th
Tots 1 (8-35 mths.)	9:15-9:45am Jordan			11:00-11:30am Dan
Tots 2 (24-35 mths.)	9:50-10:20am Jordan			11:35-12:05pm Dan
Tots 3 (32-42 mths.)				12:10-12:40pm Dan
Primary 1 (3-5 years)	11:00-11:30am Jordan 11:35-12:05pm Bryanna			
Primary 2 (3-5 years)	11:00-11:30am Bryanna 12:45-1:15pm Bryanna			10:00-10:30am Shaina
Primary 3 (3-5 years)	12:10-12:40pm Bryanna			10:35-11:05am Shaina
Youth 1 (6-12 Years)	10:05-10:35am Rob 10:25-10:55am Jordan		6:05-6:35pm Rob	11:10-11:40am Shaina 11:55-12:20pm Rob
Youth 2 (6-12 Years)	9:30-10:00am Rob 2:15-2:45pm Jordan		12:15-12:45pm Jordan 6:40-7:10pm Rob	11:20-11:50am Rob 11:45-12:15pm Shaina
Youth 3 (6-12 Years) Deep Water	10:40-11:10am Rob 1:20-1:50am Bryanna		7:15-7:45pm Rob	10:45-11:15am Rob
Stroke / Endurance & Development			1:00-1:45pm Jordan	
Adult 1 (13 and Up)	11:15-11:45am Rob		7:50-8:20pm Rob	12:20-12:50pm Shaina
Adult 2 (13 and Up)	11:50-12:20pm Rob		8:25-8:55pm Rob	12:25-12:55pm Rob
TEENS Level 1		6:00-6:30pm Rob		
TEENS Level 2		6:35-7:05pm Rob		
TEENS Level 3		7:10-7:40pm Rob		
Breathing & Kicking		7:45-8:30pm Rob (45 Mins)		

**BATHING SUITS ARE REQUIRED!**

**Be sure to check the pre-requisites before registering your child.** If the instructor determines that a child is not suited for the class, the

Classes are held once a week for 4 weeks.

**Make-ups are not provided for students missing class for whatever reason.**

We do not permit children to come on alternate days to make-up for classes.

**Due to limited spots available, all sales are final and no refund or changes of any kind will be provided unless for medical reasons**

Cancellations made 7+ days prior to start date will receive a full refund minus a \$10 non-refundable fee or you may choose to receive credit toward the next session with no cancellation fee asse:

Cancellation requests must be made to the Aquatics Director, please call 301-262-4553/410-741-1355.

Classes are held in our indoor facility and can be held during inclement weather.

**We do not follow the school system's closings.** If in doubt, please call 301-262-4553/410-741-1355.

