



Therapy Pool Master Schedule

Effective: September 1, 2024

Time	Sunday 7am-8:30pm	Monday 5:00am-10:30pm	Tuesday 5:00am-10:30pm	Wednesday 5:00am-10:30pm	Thursday 5:00am-10:30pm	Friday 5:00am-10:30pm	Saturday 7am - 8:30pm							
5:00-5:30am	CLOSED	No Programs	No Programs	No Programs	No Programs	No Programs	CLOSED							
5:30-6:00am		No Programs	No Programs	No Programs	No Programs	No Programs								
6:00-6:30am		No Programs	No Programs	No Programs	No Programs	No Programs								
6:30-7:00am		No Programs	No Programs	No Programs	No Programs	No Programs								
7:00-7:30am	No Programs	No Programs	Physical Therapy 7:00am-2:00pm	No Programs	Physical Therapy 7:00am- 2:00pm	No Programs	No Programs							
7:30-8:00am	No Programs	No Programs		No Programs		No Programs	No Programs							
8:00-8:30am	No Programs	No Programs		No Programs		No Programs	No Programs							
8:30-9:00am	No Programs	Arthritis Aerobics 8:30am-9:15am		No Programs		No Programs	Arthritis Aerobics 8:30am-9:15am	No Programs						
9:00-9:30am	Swim Lessons 9:00- 1:00pm	No Programs	Physical Therapy 7:00am-2:00pm	Swim Lessons 9:00am-10:30am	Physical Therapy 7:00am- 2:00pm	No Programs	Swim Lessons 9:00 am - 1:00pm							
9:30- 10:00am	Aqua-Arthritis 10:30-11:15am	Family Swim 10:00am-12:00pm		No Programs		No Programs								
10:00- 10:30am				Aqua Yoga 11:00am- 11:45am		No Programs								
10:30- 11:00am								No Programs						
11:00- 11:30am								No Programs						
11:30- 12:00am								No Programs						
12:00- 12:30am								No Programs						
12:30- 1:00am								No Programs						
1:00-1:30pm	Family Swim 1:00pm-6:00pm	Physical Therapy 12:00pm-8:00pm		Family Swim 2:00pm-4:00pm		Physical Therapy 12:00pm- 8:00pm		Family Swim 2:00pm-4:00pm	Physical Therapy 12:00pm-6:00pm	Family Swim 1:00pm - 6:00pm				
1:30-2:00pm														
2:00-2:30pm														
2:30-3:00pm														
3:00-3:30pm														
3:30-4:00pm														
4:00-4:30pm														
4:30-5:00pm														
5:00-5:30pm														
5:30-6:00pm														
6:00-6:30pm	No Programs	Physical Therapy 12:00pm-8:00pm	Arthritis Aerobics 6:30pm -7:15pm	Physical Therapy 12:00pm- 8:00pm	Swim Lessons 4:00-7:00pm	Family Swim 6:00pm-9:30pm	No Programs							
6:30-7:00pm	No Programs		No Programs		AquaStretch 5:15pm-6:00pm Arthritis Aqua 6:00pm-6:45pm		No Programs	No Programs						
7:00-7:30pm	No Programs		Family Swim 7:00pm-9:30pm					Family Swim 7:00pm-9:30pm		No Programs				
7:30-8:00pm	No Programs									No Programs	No Programs	No Programs		
8:00-8:30pm	No Programs									No Programs	No Programs	No Programs		
8:30-9:00pm	CLOSED		No Programs							CLOSED				
9:00-9:30pm			No Programs								No Programs	No Programs	No Programs	
9:30- 10:00am			No Programs								No Programs	No Programs	No Programs	No Programs
10:00- 10:30am			No Programs								No Programs	No Programs	No Programs	No Programs

- SPACE MAY BE LIMITED DURING BUSY HOURS. Programs & Lessons will have priority to pool space.
- Additional special programming may occur in the Aquatic Center. See Special Programming Calendar for details.
- We invite families and children to swim and play only during Family Swim hours as scheduled.
- Children will not be permitted to wait on the deck while their guardian swims laps, takes classes, uses the hot tub, etc.
- Children participating in lap swimming MUST be able to swim multiple laps without stopping and without the use of flotation devices or the assistance of an adult. A swim test is required.
- Those children who are learning to swim laps may do so during family swim hours.
- Keep a current copy of this schedule for your convenience. The schedule is subject to change based on programming needs.