

SPORT FIT BOWIE

A Health Club Like No Other

100 Whitmarsh Park Drive, Bowie, MD 20715 (301) 262-4553

TENNIS PROGRAMS

Summer Session 2025

Please note that some of the class days and times have changed due to summer camp scheduling.

JUNIOR CLINICS

PLEASE SEE OUR BROCHURES FOR OUR TENNIS CAMPS AND ACADEMIES FOR JUNIORS.

Sport Fit Tennis Camp is for the beginner to intermediate player, ages 6-12 years.

Crusher Tennis Academy is for more advanced players, ages 10-21, with a minimum of 2 years playing experience.

Junior Clinics run for 5 weeks and are drop in only; no registration required.

Any clinic where only 1 person attends, will have the clinic shortened by a half hour.

DAY/TIME	PROGRAM	# STUDENTS	COURTS	PRO	MEMBER/NONMEMBER PRICE \$\$ (DROP IN ONLY)	START DATE	END DATE
TUESDAY					<i>5 weeks only</i>		
5-6p*	Teen Beginner 1 (5 weeks only)*	8	1	Leon	32/42 (drop in only)	7/8/25	8/5/25
6-7p*	Teen Beginner 2 (5 weeks only)*	8	1	Leon	32/42 (drop in only)	7/8/25	8/5/25

ADULT CLINICS

CLINICS RUN FROM 6/9 TO 8/17, except where noted*

Please attend a clinic that matches your playing level. Pros will be happy to advise you!

Any clinic where only 1 person attends, will have the clinic shortened by a half hour.

DAY/TIME	PROGRAM	# STUDENTS	COURTS	PRO	MEMBER/NONMEMBER PRICE \$\$ (DROP IN ONLY)	START DATE	END DATE
MONDAY							
12-1p	Adult Advanced Beg/Lo Interm 2.0/2.5	8	1	Bronwyn	32/42	6/9/25	8/11/25
6-730p	Adult Total Workout 4.0+	12	7,8,9	Robert	49/64	6/9/25	8/11/25
TUESDAY							
1230-2p	Adult Doubles Drill/Play 3.0+	8	1	Eddie	49/64	6/10/25	8/12/25
WEDNESDAY							
12-130p	Adult Intermediate Clinic 3.0/3.5	12	1,2	Leon	49/64	6/11/25	8/13/25
8-930p	Adult Doubles Drill/Play 4.0+	10	1	Coach Neal	49/64	6/11/25	8/13/25
THURSDAY							
1-230p	Adult Doubles Drill & Play 3.0/3.5	10	1,2	Max	49/64	6/12/25	8/14/25
FRIDAY							
12-130p	Adult Total Workout 3.0/3.5	12	1,2	Rex	49/64	6/13/25	8/15/25
SATURDAY							
930-1030a	Adult Advanced Beginner 1.5/2.0	10	1	Coach Neal	32/42	6/14/25	8/16/25
1030-1130a	Adult Intro to Tennis	8	1	Coach Neal	32/42	6/14/25	8/16/25
SUNDAY							
12-130p**	Adult Low Intermediate Clinic 3.0	12	1,2	George	49/64	6/22/25**	8/17/25

NO CLASSES ON FRIDAY, JULY 4TH, SATURDAY, JULY 5TH or SUNDAY, JULY 6TH

The TEEN BEGINNER classes are 5 weeks only.

**** The ADULT LOW INTERMEDIATE CLINIC 3.0 ON SUNDAYS STARTS ON 6/22 DUE TO FATHER'S DAY****

Sport Fit reserves the right to change the schedule and/or cancel classes based on attendance.

Questions? Contact Bronwyn: tennisdirector@sportfitclubs.com