

## 2026 THERAPY POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY						
<b>5:00 AM</b>						<b>OPEN SWIM</b> available in all unreserved lanes							
:30													
<b>6:00 AM</b>													
:30													
<b>7:00 AM</b>		<b>PHYSICAL THERAPY</b>		<b>PHYSICAL THERAPY</b>									
:30													
<b>8:00 AM</b>													
:30	<b>Aqua Aerobics</b>						<b>Aqua Aerobics</b>						
<b>9:00 AM</b>	<b>8:30-9:15</b>		7:00-2:00			7:00-2:00	<b>8:30-9:15</b>						
:30													
<b>10:00 AM</b>		<i>Whole Pool</i>	<b>SWIM CLASS</b>	<i>Whole Pool</i>		<b>SWIM CLASS</b> 9:00-2:30	<b>Aqua Aerobics</b> 10:00-11:30						
:30			10:00-11:00										
<b>11:00 AM</b>			<b>Aqua Aerobics</b> 11:00-11:45										
:30													
<b>12:00 PM</b>	<b>PHYSICAL THERAPY</b>		<b>PHYSICAL THERAPY</b>		<b>PHYSICAL THERAPY</b>	<b>F A M I L Y</b>	<b>SWIM CLASS</b> 11:30-2:00						
:30		12:00-8:00		12:00-8:00				12:00-6:00					
<b>1:00 PM</b>		<i>Whole Pool</i>		<b>F A M I L Y</b>				<i>Whole Pool</i>	<i>Whole Pool</i>				
:30										<b>SWIM</b>	<b>SWIM</b>	<b>SWIM</b>	
<b>2:00 PM</b>										2:00-5:00	2:00-5:00	12:00 - 8:30	
:30													
<b>3:00 PM</b>		<b>SWIM CLASS</b>		<b>SWIM CLASS</b>									
:30		5:00-7:30		<b>Aerobics</b> 5:15 -6:45									
<b>4:00 PM</b>		<b>Aerobics</b> 6:30- 7:15		5:00-7:00	<b>SWIM CLASS</b>								
:30					6:00-7:30								
<b>5:00 PM</b>													
:30													
<b>6:00 PM</b>													
:30													
<b>7:00 PM</b>													
:30													
<b>8:00 PM</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>	<b>F A M I L Y</b>						
:30													
<b>9:00 PM</b>													
:30													
<b>10:00 PM</b>	<b>SWIM</b>	<b>SWIM</b>	<b>SWIM</b>	<b>SWIM</b>	<b>SWIM</b>								
:30	8:00 - 10:30	7:30 - 10:30	8:00 - 10:30	7:00 - 10:30	7:30 - 10:30								

All pool schedules are subject to change without notice due to maintenacne, weather conditions water quality issues or other unforeseen circumstances